Directions to Sandy Run Regional Park

(from Blacksburg)

Option 1

- 1. Take 460 East
- 2. to I-81 North
- 3. Exit 221, I-64 East into Charlottesville
- 4. Exit 118-B, Route 29 North
- 5. Route 3 East, Mineral (two lane country road for first few miles)
- 6. to I-95 North
- 7. Exit 160, Lake Ridge exit onto Route 123 North (Ox Road)
- 8. Left on Hampton Rd.
- 9. About one mile, left on Van Thompson Rd..
- 10. To the end of the road, and you're in Sandy Run Regional Park.

Option 2

- 1. Take 460 East
- 2. to I-81 North
- 3. to Exit 300, I-66 East
- 4. to Exit for Fairfax County Parkway east towards Springfield
- 5. Right onto Lee Chapel Road
- 6. Left onto Ox Road (Rte. 123)
- 7. Right onto Hampton Rd.
- 8. Left on Van Thompson
- 9. To the end of the road, and you're in Sandy Run Regional Park.